



C/o House of Sport, 190 Great Dover Street, London. SE1 4YB

Website: [www.disabilitysportscoach.co.uk](http://www.disabilitysportscoach.co.uk) email: [info@disabilitysportscoach.co.uk](mailto:info@disabilitysportscoach.co.uk)

## Post Overview

Disability Sports Coach (DSC) is a charity that provides a professional coaching service for disabled people throughout London and the UK. We offer coaching from grass roots to international level at mainstream schools, special schools, clubs, other charities & organisations. We deliver sports to all disability groups regardless of ability.

## Job Description

<b>Job title:</b>	<i>Multi Sports Disability Sports Coach</i>
<b>Location:</b>	<i>London (various locations)</i>
<b>Hours (per week):</b>	<i>Flexible</i>
<b>Salary:</b>	<i>Dependent on qualifications/experience</i>
<b>Responsible to:</b>	<i>Project Officers</i>
<b>Responsible for:</b>	<i>Volunteers</i>
<b>Contract:</b>	<i>Self Employed</i>

## Job Purpose

To coach and deliver high quality physical activity and sporting programmes aimed at improving the health and wellbeing of disabled people.

## Main Duties and Responsibilities

- To deliver coaching sessions that are participant-centred, structured, progressive, fun and of high quality to people of all ages.
- To adapt sessions to cater for different ranges of age and ability.
- To undertake the necessary planning for each activity session to ensure the programme demonstrates progression, where appropriate.
- To continually monitor and evaluate all sessions, activities and programmes.



- To undertake administrative tasks associated with the post, including planning sessions, taking registers, consent forms, contacting schools and collecting key performance indicators (KPIs).
- To provide, where appropriate, mentoring, further support, guidance and advice to other coaches, teachers, sports leaders and volunteers.
- To be a positive role model at all times.
- To ensure all equipment associated with the coaching programme is correctly set up, maintained, stored and returned on completion of the coaching programme.
- To build relationships with local partners such as schools, clubs etc and liaise with them to ensure they remain happy with the coaching service provided.
- To take responsibility for continuing personal development (CPD) and attend relevant training courses to improve coaching delivery.
- To be familiar and comply with health and safety regulations and to undertake activity/venue risk assessments prior to all sessions, and record and report incidents/accidents/hazards.
- To respect the rights of all participants and ensure that their well-being and safety are considered at all times.
- To maintain appropriate boundaries when dealing with participants, volunteers and other members of the coaching workforce.
- To take full responsibility for ensuring that relevant coaching and CPD qualifications are kept up to date.

### **Additional Information**

- This post involves working with children and at-risk adults. If successful, we will seek character and professional references and you will therefore be subject to an enhanced DBS check.
- This post will involve some evening and weekend work.

These are the key tasks as currently defined. It is expected that this job description will be regularly reviewed and may be amended from time to time, and by mutual agreement, to meet changing circumstances.